# End of Life Choice





## The scandal of unfair and unequal treatment at end of life

Equity is a critically important issue in all aspects of life but not often raised in relation to end of life care.

- Treating people equally is treating them in the same manner. Treating people equitably is instead providing sufficient means for them to be on a par with others. It is about fairness.
- Terminal and incurable illness puts people without resources at an inequitable or unfair disadvantage. We arguably live in a two-tier system: one which facilitates a chosen death and end to suffering 'outside the system' for the more fortunate. More privileged people in respect of education, 'connections', or financial means are able to access drugs from overseas to circumvent end of life suffering, or to travel to the Dignitas Clinic in Switzerland to end their lives. Such inequity has been referred to as one of the greatest scandals of contemporary practice.
- Inequity in end of life care has also been highlighted by a (late) founding member of palliative care who reported that every day, in different settings, terminally ill patients with advanced malignancies and uncontrolled symptoms are terminally sedated. However, he considered access to this practice as a 'lottery', based unfairly on luck.
- A carefully designed law allowing equal access to a peaceful death through VAD is an important tool for equity in end of life care; a means of avoiding the scandal of unfair and unequal treatment.

#### References:

- 1 Dworkin et al The Philosopher's Brief (1997) to the US Supreme Court, quoted in A Good Death: An Argument for Voluntary Euthanasia by Rodney Syme 2008, Melbourne University Press
- 2 Flynn, N (widow of Clive Deverall palliative care specialist) Submission 347 <a href="https://www.parliament.wa.gov.au/">https://www.parliament.wa.gov.au/</a> <a href="parliament/commit.nsf/(Evidence+Lookup+by+Com+ID)/30D73154F4D00AFF48258219000B3C84/\$file/20171017++EOLC+-+Sub+347+-+Ms+Noreen+Fynn.pdf">https://www.parliament.wa.gov.au/</a> <a href="parliament/commit.nsf/(Evidence+Lookup+by+Com+ID)/30D73154F4D00AFF48258219000B3C84/\$file/20171017++EOLC+-+Sub+347+-+Ms+Noreen+Fynn.pdf">https://www.parliament.wa.gov.au/</a> <a href="parliament/commit.nsf/">https://www.parliament.wa.gov.au/</a> <a href="parliament/commit.nsf/">https://www.parliament/commit.nsf/</a> <a href="parliament/commit.
- 3 Dworkin, R (1995) Life's Dominion: An argument about abortion and euthanasia, Harper Collins

SAVES

South Australian Voluntary Euthanasia Society



Compassion for suffering The freedom to choose Add your voice to the call



SAVES was established in 1983 to campaign for legal, medically assisted voluntary euthanasia. The aim is to end suffering by providing choice in dying.
SAVES works in the community and with Members of Parliament to achieve law reform.

### SAVE-YA Syndicated Australian Voluntary Euthanasia Youth Advocates

Facebook: Support SAVE-YA Law Reform

A national youth lobby group which aims to provide a youth



voice in support of legalising voluntary euthanasia in all States and Territories. Members between ages 18 and 35 are encouraged to join, make contact with their local MP and inform them of their support for voluntary euthanasia law reform.

# Christians Supporting Choice For Voluntary Assisted Dying christiansforvad.org.au

We are Christians who believe that, as a demonstration of love and compassion, those with a terminal or hopeless illness should have the option of a pain-free, peaceful and dignified death with legal voluntary assisted dying / voluntary euthanasia. This is



strongly supported by the majority of Australian Christians.

# **South Australian Nurses Supporting Choices** in Dying

facebook: SA Nurses Supporting Choices in Dying

We are a group of passionate nurses who believe in our patient's right to choose the end of life care they wish. The group provides a forum for the



nursing voice and perspective on legalising voluntary euthanasia and other patient choices in end of life care.

#### MY BODY MY Choice-VE

facebook.com/pages/MY-BODY-MY-Choice-VE

MBMC provides a voice for people with disability in the VE reform debate. MBMC represents the interests of people with disabilities who wish to exercise choice in all aspects of their

life, including choice at the end of life, with the view that choice and control are a fundamental human right for everyone.

MBMC argues that people with disabilities know how it feels to lose personal autonomy through their ongoing fight for self-determination, independent living and disability rights.



MBMC believes that people with disabilities, who have struggled to control their own lives and bodies, must be allowed to maintain control and autonomy throughout their life, especially at its end.

### **Doctors for Assisted Dying Choice**

drs4assisteddyingchoice.org



We are a national organisation of Australian medical practitioners, both current and retired, who are committed to having a legal choice of providing information and assistance to rational adults, who, for reasons of no realistic chance of cure or relief from intolerable symptoms, would like to gently end their lives.

Assistance may be by doctor provision of medication for the patient to consume, or by doctor-administration.

Respecting rational patient end-of-life choices

#### **Lawyers for Death with Dignity**

https://docs.wixstatic.com/ugd/1062e1\_dd077d6dd7964 8cbaec58200361f054a.pdf

Lawyers for Death with Dignity acknowledges the need for people with profound suffering to have the legal choice for a medically assisted and dignified death.

The current law says suicide is not illegal,



but assisting suicide is. People in a terminal state may have profound, unbearable suffering and be in the undignified position of being unable to end their life without assistance.

Advances in medicine have improved life expectancy, but South Australian law has not changed to reflect the often forgotten deterioration in quality of life that a longer life expectancy may bring.

### **Paramedics Supporting Choices in Dying**

facebook: Paramedics Supporting Choices in Dying



Paramedics Supporting Choices in Dying is an advocacy group promoting the rights of people to make decisions regarding their end of life wishes.

To go without pain, without trauma, without breaking the law, without endangering others and without suffering. To go gently, peacefully and with dignity.

We support good palliative care, encourage the use of Advance Care Directives and advocate for law reform to legalise the choice for voluntary euthanasia and voluntary assisted dying.